

LAST DOOR

BREAKING THE CHAINS OF ADDICTION SINCE 1984

Annual Report 2014-2015

Last Door Recovery Society is a non-profit organization that operates two core programs, the Last Door Adult Program and the Last Door Youth Program as well as several adjunct programs for families and partners. The residential aspects of both programs are gender specific to males while the family and transitional living aspects are designed to facilitate both genders and all ages.

Last Door Recovery Society is a Registered Canadian Charity registered as:
THE LAST DOOR RECOVERY SOCIETY BN: 131404683RR0001

Contents

Message from the President	2
Message from the Executive Director.....	3
Outcome Highlights 2014-2015.....	4
Message from the Treasurer	5
Statement of Operations	6
Board of Directors	7
Community Development.....	7



Society Information

Last Door Recovery Society
327 Eighth Street New Westminster, BC V3M 3R3
Tel 604 525 9771
Fax 604 525 3896
www.lastdoor.org

 Facebook: <https://www.facebook.com/NewWestRecovery?ref=ts&fref=ts>

 Twitter: https://twitter.com/Last_Door

 YouTube: <http://www.youtube.com/user/LastDoorRecovery/>

Vision, Mission & Values

A community that inspires recovery founded on the principles of compassion, trust, faith, integrity, diversity, fun, and unity to provide therapeutic environments in which individuals and families suffering from addiction issues are assisted in developing skills necessary to live free in recovery.

Message from the Board President

Last Door has once again seen tremendous growth in terms of number of clients served. We have hosted events and made improvements to the facilities located in New Westminister and Mission, BC. Although we continue to make these strides as an organization and are securing referrals from both within and outside British Columbia, the “heart” of what we do has remained constant – to promote and provide an environment in which men and their families can begin a new life chapter founded on abstinence-based recovery.

Keystone has proven to be an invaluable adjunct to the hard work done at our New Westminister ‘home base’. The facility has been improved upon both inside and out with work done by staff, clients and alumni. Clients and families alike have enjoyed time away from the hustle and bustle in the city and have found new ways to reconnect. Numerous speaker meetings have now taken place there with the number of attendees growing steadily. Other initiatives involving how our partners in recovery can utilize this 40-acre property are in the works. We look forward to what will evolve in the years to come.

As an organization, we continue to be at the forefront of innovation - offering services that fit within our recovery model including NTST (Neurotrophic Stimulation Therapy) as well as our community involvement. We continue to host a live radio recovery talk show and had another prize float in the Vancouver Pride Parade. The Alberta Alumni Day was well attended as was the more recent Family Day and Sports Day in New Westminister. We are pleasantly surprised with the number of increasing website ‘hits’ we receive.

All in all, 2014-2015 fiscal year has been a year in which Last Door has spread its recovery message and its presence in ways that we could not have foreseen just a couple of years ago. We aim to continue this process of innovation and improvement into the coming year and thank you all for your ongoing support.

Aman Sanghera

Our Beginning

Staff are often asked where did Last Door come from and true story often tends to be more urban legend than fact. Last Door was the message from the heart of a Turning Point staff member Jim Ross who decided that New Westminster needed a recovery house. I was fresh in recovery, 23 years old and had learned that giving back, making a difference, helping the next guy were important.

I began volunteering, helping Jim and the guys out in 1984 at Last Door on Carnarvon St. I knew it could be something and sold Louise on the idea that since Jim and Turning Point were letting it go, we should take it over and help it grow. Our vision was of a place where addicts get well and have fun doing it. It's a source of pride and gratitude to see where we are today. Thanks to the many who have believed in Last Door.

Message from the Executive Director

Last Door's values have remained the foundation of every day-to-day action we do. For over thirty years our work hasn't been so much a series of structured activities but a dynamic, creative process of inspiring and sustaining hope for our clients so that their families may become whole and free from addiction – to live a life full of recovery, happiness and success.

Our Board of Directors supports this mission using policy-focused leadership. We have been able to stay true to ideas that have enduring value, to continue to be inspired and to have creative freedom in fulfilling our mission. Last Door Recovery Society is a community owned organization with our volunteer Board acting as stewards.

This past year was marred the loss of our friend and colleague Jason Collett in September 2014. When someone dies, their family and friends suffer and in this case, our recovery community lost a valued and much loved member. To speak to that suffering takes more than words.... suffice it to say that Jason is missed often and we continue to celebrate his life in ways that he would have.

Our primary focus is our clients and how we can directly or indirectly support their recovery journey. Strategic focus areas revolve around client services, such as successfully piloting an onsite Suboxone Taper for medical withdrawal, Neurotrophic Stimulation Therapy for veterans with PTSD and our Keystone Garden project. This fiscal year we are dedicated to improving accessibility by pursuing funding for youth services and updating our phone lines and personnel to reduce waitlist response times.

We thank all those who have contributed to Last Door community events - Sports Day, Unintoxicated, the Clean Sober and Proud Parade Float, Family Fun Day, Art 4 Recovery and Alberta Alumni Day. We look forward to seeing you at next year's events!

David Pavlus

Outcome Highlights 2014-2015

In our pursuit of providing the highest quality of care for our clients we are committed to utilizing tools to gauge, not only the success of our highly valued adjunct groups, but the success of our clients and families individually. Success can be measured either internally or externally, subjectively or objectively, quantifiably or quantitatively. We are developing surveys to help capture the efficacy of both the format and content of our groups and the skills of our facilitators.

The quantitative data is essential to tracking how many clients and family member take part in our groups and how they have personally benefitted in various life areas. However, qualitative part of our data collecting is equally important. There is no substitute for stories of success and these often come as our Executive Director David Pavlus states “a coffee and a conversation”. These comments, personal stories and feedback are the heart of our programs.

Success is measured by the:

- Increased level of self esteem
- Improved relationship with child, co parent, partner, and parent
- Increased level of intimacy in relationships
- Increased level of trust in relationships
- Increased level of communication in relationships



Thank you for remembering the family in recovery. It has allowed us to begin building the bridge for our family to cross and enjoy time together



Guest speakers, attending NA meetings, attending alumni meetings. Appreciate that you are implementing some of the feedback from the evaluation that parents have suggested



I really enjoyed getting to know some of the guys that I didn't know that well before. It was nice to have time with my sponsor. There were a few private moments where I felt completely and totally at peace.

Message from the Board Treasurer

I am pleased to report that Last Door is in a sound financial position and that our financial resources serve and advance our mission. The Board of Directors worked closely with the Director of Finance and Development to ensure our resources are prudently managed and intentionally aligned with our mission: *to provide therapeutic environments in which individuals and families suffering from addiction issues are assisted in developing skills necessary to live free in recovery.*

Indicators that we are in good financial health are that we have continued to maintain revenue that covers operating costs resulting in a slight surplus at our fiscal year. Total operating revenues exceeded operating expenses by 2.85% which is healthy if not ideal margin for a non-profit. I might add that this is on revenues of \$3,762,314 (including the unrealized gain on marketable securities). This fine balance between revenue and operating costs is due to our sound fiscal management balancing growth with fiscal security and exercising risk management strategies. We are able to serve youth in our extremely underfunded youth center and to absorb the start-up cost for the Keystone facility by exercising cost saving and revenue generating practices in our adult program.

I want to thank our many stakeholders as there never fails to be a helping hand when we need it. This includes our Credit Union, Vancouver City Savings Credit Union (Vancity) whose belief in community non-profits is a foundational piece of their organization, the British Columbia Lottery Corporation via the Gaming Policy and Enforcement Branch of the BC Ministry of Finance for supporting our Family Programs, the donors of currency in its many forms..... cash, volunteer work, goodwill, and belief in what we offer. Lastly, the creative Last Door staff who are dedicated to helping others gain the dignity and purpose they have found in their lives. Please check our monthly newsletters for details.

I extend a sincere thanks to the corporate and personal donations to Last Door – you make our adjunct programs possible.

Gary George

Statement of Operations

For the year ended August 31, 2015 (unaudited)

Revenue	
Resident Contributions	2,723,311
Government Funding	682,041
Fundraising, Donations and Miscellaneous	326,076
Recognition of Deferred Contributions Related to Capital Assets	17,962
Total Revenue	3,749,390
Expenses	
Wages	1,399,780
Repairs, Maintenance and Utilities	473,498
Food	341,326
Office and Sundry	222,280
Community Development	190,796
Resident Expenses	168,781
Facility Expenses	149,607
Amortization	129,507
Interest on Long-term Debt	111,338
Transportation	89,501
Bad Debts (recovery)	77,929
Family Enhancement	73,357
Insurance	50,831
Fundraising	40,048
Socialization and Recreation	33,975
Education	30,926
Property Taxes	31,960
Telephone	27,328
Professional Fees	12,323
Bank Charges	117
Gaming Miscellaneous	3
Total Expenses	3,655,211
Loss on disposal of marketable securities	(3,005)
Unrealized gain on marketable securities	15,929
Excess of Revenue Over Expenses	107,103

Board of Directors

Aman Sanghera, President
Haneef Esmail, Vice President
Gary George, Treasurer
Scott Lang, Member
Jennifer Lowrey, Member
Robert Hurst, Member

Dennis George, Member
Todd Ware, Member
Robert Toews, Member
Akram Ftaya, Member
Jim Bennett, Member
Dave Seymour, Member

Special thanks to outgoing member Rob Proudfoot

Community Development

Talk Radio

Seventy-five shows and counting! Talk Recovery airs Thursdays at noon on 100.5 fm, and then shared on social media. Directly targeting 10,000 people per show. We've been talking recovery with guests as far away as Ireland, from the topic of gambling addiction to prescription heroin. Talk Recovery is another means for Last Door to gain community engagement and have a voice in the addiction recovery conversation on social media.

Website

www.lastdoor.org is becoming one of Canada's most relevant websites for addiction treatment, including online chat, and online screening request forms. We currently average 10,000 hits per month, 330 people per day, which leads into an average of 40 calls per day, converting into an average of three clients a week.

Referrals and Outreach

Last Door exhibited at 18 conferences, from local symposiums to conferences in Toronto, Calgary and Whistler. Our message is long term nicotine free recovery is best practice while amongst the many short term and intensive outpatient treatment programs. We are connecting with referral agents building new relationships and rejuvenating old ones. Standing up for abstinence treatment while learning what the industries demands are, and try to match Last Door with the right referral team.

