

## LAST DOOR YOUTH PROGRAM - ABOUT

Last Door Youth Program is a long term residential treatment program for male youth (14 - 18 years of age) who are experiencing addiction related issues. "Social Model" treatment modality is used. The program is licensed under the Community Care Act and is located in New Westminster, B.C. Canada.

The Youth Program offers a continuum of care that includes group and one to one counselling, peer support, balanced diet and nutrition, recreation, positive socialization, family counselling, aftercare and access to educational opportunities.

Our program promotes health and well being by fostering experience based learning. This style of learning is particularly suited to youth and enables them to challenge their values, attitudes, beliefs and behaviours. The ultimate result is increased self esteem and better choice making.

Youth gain information by learning and doing; from frequently conveyed stories of peer experiences, personal anecdotes, metaphors and/or analogies. This learning style is interactive and not boring.

Clients hear successful and unsuccessful stories about recovery and relate as they see them unfolding in their daily lives.

In this social model program, clients share meals, space, recreation, chores, group treatment and celebrations. In the course of living as a recovery community clients are presented with opportunities to modify their approaches to living, problem solving and communication and alter their addictive behaviours.

Clients find solutions to living situations using peer support and can conquer historic self defeating patterns. In practical terms, clients learn to confront challenging situations while taking responsibility for the choices made.

Youth become active in community affairs, school and our alumni group. Though participation in a community context, clients are able to keep recovery and prevention issues on their agendas.

### Staff

David Pavlus, ICADC, CCS  
Executive Director-Society

Louise Cooksey, ICADC, CCS.  
Program Manager

Pete Beka, ICADC, Jessica Cooksey ICADC  
Program Co-ordinators/Counsellors

Phil Hamel, Daniel Sinclair  
Client Care Workers

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Kevin Bradley, Don Presland  
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